

1. What type of person would be interested in this study program?

People who:

- Are in Yr 11 or Yr 12 in a NSW School
- Have a drive and commitment to grow personally
- Want to develop their ability to work well in teams
- Are adventurous
- Want to get a taste of a career in Outdoor Recreation
- Enjoy working and living outdoors
- Keen to develop good personal outdoor skills in at least one outdoor activity
- Enjoy hands on practical learning

2. Will I get a qualification?

Yes you will be eligible to receive a Certificate II on Outdoor Recreation if you satisfy the following requirements:

- Successfully complete all the units embedded in the 9 day program AND
- Complete a first aid course externally and then submit your certificate to TAFE

3. What are the prerequisites for the course?

- A moderate level of fitness is required to complete the practical component of the course
- Complete medical & participant agreement forms

Certificate II Outdoor Recreation, Lithgow College

Frequently Asked Questions for TVET First & Return Program



- Schools need to approve of students' attendance

4. Where does the course lead?

Students will gain 3 units towards their Preliminary or High School Certificate.

Outcomes for students from living and working together for nine days in small groups are: enhanced skills in communication, teamwork, problem-solving, planning & organising and self-management.

This course is also an excellent stepping stone to TAFE Western's Certificate III & IV Outdoor Recreation Courses. Students would receive advanced standing for units completed on their TVET course.

5. Job roles

The First Program provides strong grounding in skills necessary to be a participant in outdoor activities.

The Return Program extends these skills and introduces students to becoming an outdoor activity assistant.

6. What first aid course is suitable?

The course needs to run by a Registered Training Authority (RTO) and include the unit HLTAID003 - Provide first aid.

7. How long is this course?

Each Program is nine days in length undertaken as a nine day residential block. There are numerous choices of dates throughout the year.

8. Is it risky?

There are inherent risks in outdoor activities like rock climbing, canoeing and canyoning. Likely negative outcomes are scratches and bruises. More important consequences like sprains or fractures are possible. Major consequences are unlikely.

Our strategies to manage the risk on our programs include; using staff qualified and highly experienced in activities and first aid, risk assessments, emergency management plans, standard operating procedures and supervision guidelines.

There also many positive risks students are exposed to. These include; vocational learning, enhanced skills in communication, teamwork, problem-solving, planning & organising and self-management, friendships, fun, environmental awareness and appreciation.

9. Where will I be studying?

Our TVET Outdoor Recreation courses start and finish in Lithgow, 150km from Sydney on the western edge of the Blue Mountains of the Blue Mountains.

During a First Program we camp in tents at a number of vehicle accessible campgrounds. During the day we visit a variety of Australian natural landscapes and environments from: sandstone cliffs in the Blue Mountains for rock climbing and abseiling, national parks for canyoning, and to the local water ways for canoeing.

There are times during activities when we are remote and it could take emergency services many hours to reach us.

10. Where is Lithgow College?

It is situated 150 km west of Sydney on the edge of the Blue Mountains

11. Do I have to do work placement?

Yes, this course has a compulsory work placement which is embedded within the course.

Each program is run as a simulated work environment. All aspects of the course are designed to closely mirror industry workplaces and job roles. This provides students with a taste of a variety of job roles within the Outdoor Recreation Industry.

12. Are Food & Equipment included? Yes, food is supplied.

You will take turns cooking for others in the group. Specialist equipment like tents and raincoats is supplied.

13. Will I get to have a shower?

We will camp at a few different campsites. During the program there will be the opportunity for 1 or 2 showers, plus some swimming during canyoning and canoeing. At campsites there will be a mix of flushing and pit toilets. On occasion we may camp at a location requiring us to dig a basic bush toilet.

14. How much does the course cost?

- **Government school students** there is no charge to attend course. Food and specialist equipment is supplied. The only cost to students is to get to and from Lithgow at start & finish of course.
- **Non-Government school students** please contact TVET Outdoor Recreation Client Coordinator listed below.

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15. How do I get started?

Students See your School Careers Advisers or TVET Coordinators

School Careers Advisers or TVET Coordinators contact our TVET Outdoor Recreation Client Coordinator listed below.

16. What is the closing date for applications? Applications are accepted on-going throughout the year. Please return an Expression of Interest as early as possible via your School TVET Coordinator or Careers Adviser to lock in a place for your preferred dates.

17. When does my course start? Please check the program letter specific to your program for start date and time.

Need more information?

Contact:

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